Ethics & Morality · GS - IV

"Those who in trouble untroubled are, Will trouble trouble itself." – Thiruvalluvar. What does this quotation convey to you in the present context?

EXAM YEAR	PAPER	SUBJECT
2025	GS - IV	Ethics & Morality

MARKS	WORD LIMIT
10	~150 words

Answer Hint

Emotional stability, resilience, composure, crisis management, rationality, courage, civil services, adversity, leadership, equanimity

Model Answer

Introduction

Thiruvalluvar's quotation conveys that adversity becomes more manageable when a person does not allow fear, anger or anxiety to overpower reason. Inner composure is therefore a source of strength.

Meaning in Contemporary Context

1. Emotional resilience: A calm mind prevents temporary difficulties from becoming psychological crises.
2. Rational decision-making: Composure enables an administrator to assess facts objectively rather than react impulsively.
3. Crisis leadership: During disasters, communal tensions or pandemics, public confidence depends partly on the leader's emotional stability.
4. Ethical courage: Remaining composed helps an individual resist pressure and uphold principles even in difficult circumstances.
5. Personal growth: Adversity can become an opportunity for learning, adaptation and character-building.

Civil Service Relevance

A District Magistrate facing floods, for instance, cannot eliminate every difficulty but can prevent panic through timely communication, prioritisation and coordinated action. Similarly, an officer confronted with political or social pressure requires emotional balance to maintain neutrality.

Conclusion

The quotation teaches that while circumstances may not always be controllable, one's response to them is. Equanimity transforms adversity from a source of despair into an opportunity for responsible action and growth.

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