Society & Social Justice · GS - II

Discuss the role of international sporting events such as the Asian Para Games in promoting inclusivity, empowerment and recognition of persons with disabilities.

EXAM YEAR	PAPER	SUBJECT
DAILY PRACTICE 05/11/2026	GS - II	Society & Social Justice

MARKS	WORD LIMIT
10	~150 words

Answer Hint

Disability inclusion, equal opportunities, social barriers, sporting excellence, representation, accessibility infrastructure, government support, Paralympic movement, inclusive development

Model Answer

Introduction

The Asian Para Games provide a major platform for athletes with disabilities to demonstrate sporting excellence and challenge social stereotypes. India's achievement of 114 medals, including 29 gold medals, in the 2023 edition highlighted the growing participation of para-athletes.

Role in Promoting Inclusion and Empowerment

Social Recognition: Sporting achievements challenge discrimination and promote respect for persons with disabilities.

Equal Opportunities: International competitions encourage investment in accessible sports facilities, coaching and specialised equipment.

Empowerment: Participation develops confidence, independence and leadership among athletes with disabilities.

National Representation: Para-athletes contribute to India's international sporting identity and inspire wider participation.

Way Forward

India should strengthen grassroots talent identification, accessible infrastructure, financial assistance, scientific training and rehabilitation facilities. Effective implementation of the Rights of Persons with Disabilities Act, 2016, is also essential.

Conclusion

Para-sports demonstrate that disability should not restrict opportunity. Sustained institutional support and social inclusion can help transform sporting success into broader empowerment.

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