Ethics & Morality · GS - IV

“True excellence lies in continuous self-improvement rather than comparison with others.” Discuss in the context of emotional intelligence and human values.

EXAM YEAR	PAPER	SUBJECT
DAILY PRACTICE 11/11/2026	GS - IV	Ethics & Morality

MARKS	WORD LIMIT
10	~150 words

Answer Hint

Self-awareness, self-motivation, emotional intelligence, individual potential, humility, empathy, healthy competition, continuous improvement.

Model Answer

Introduction

Excellence is not merely the achievement of superior results but the continuous development of one's abilities, character and potential. Comparing oneself excessively with others can undermine this process.

Importance of Self-Improvement

- **Self-awareness:** Understanding one's strengths and weaknesses helps establish realistic goals.
- **Self-motivation:** Personal benchmarks encourage consistent efforts without depending on external validation.
- **Emotional stability:** Avoiding unhealthy comparison reduces jealousy, insecurity and arrogance.
- **Individual potential:** Every person has different abilities, circumstances and opportunities; therefore, progress must be assessed in context.
- **Humility and empathy:** Recognising individual differences encourages respect for others and reduces superiority complexes.

Role of Healthy Competition

Competition can inspire innovation and discipline when it promotes learning rather than hostility. Constructive feedback and cooperation further strengthen personal growth.

Conclusion

True excellence emerges from integrity, perseverance and continuous self-assessment. Individuals should learn from others without measuring their worth against them. Such an approach promotes both personal fulfilment and ethical conduct.

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