Current Affairs · GS - II

“Women in sports play an important role in promoting disability inclusion, empowerment and social equality.” Discuss with reference to India's para-sport achievements.

EXAM YEAR	PAPER	SUBJECT
DAILY PRACTICE 19/10/2026	GS - II	Current Affairs

MARKS	WORD LIMIT
10	~150 words

Answer Hint

Women empowerment, disability inclusion, gender equality, para-sports, Sheetal Devi, social stigma, accessible infrastructure, equal opportunities, government support, inclusive development.

Model Answer

Introduction

Women para-athletes demonstrate that disability is not a barrier to achievement when individuals receive appropriate opportunities and support. Indian para-archer Sheetal Devi, who competes without arms, is an inspiring example of determination and sporting excellence.

Main Body

Role of women in promoting disability inclusion and empowerment:

1. Breaking stereotypes: Successful women para-athletes challenge prejudices related to gender and disability.
2. Promoting equality: Their achievements encourage equal participation in sports, education and public life.
3. Creating awareness: Their success improves public understanding of the abilities and rights of persons with disabilities.

4. Inspiring participation: They motivate other women and girls with disabilities to pursue sports and independent careers.
5. Strengthening representation: Their visibility encourages institutions to develop inclusive policies and accessible sporting facilities.

Challenges and Way Forward

Women para-athletes often face inadequate infrastructure, financial constraints, discrimination and limited media coverage. The government should provide accessible training facilities, trained coaches, financial assistance and equal opportunities.

Conclusion

Supporting women para-athletes promotes dignity, independence and social inclusion. India must ensure that gender and disability do not become barriers to sporting excellence or equal participation in society.

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